**Proportion of people feeling supported to manage their condition NHS 2.1**

<table>
<thead>
<tr>
<th>GP Patient Survey (GPPS)</th>
<th>NHS Eastern Cheshire CCG</th>
<th>NHS South Cheshire CCG</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage of people with a long standing health condition</td>
<td>52%</td>
<td>55%</td>
</tr>
<tr>
<td>In last 6 months, had enough support from local services or organisations to help manage long-term health condition(s)</td>
<td>Of those who replied 64% Total Yes</td>
<td>Of those who replied 61% Total Yes</td>
</tr>
<tr>
<td>Confidence in managing own health</td>
<td>95% Confident England 93%</td>
<td>94% Confident England 93%</td>
</tr>
</tbody>
</table>

**Figure 2.a – Health related quality of life for people with LTCs, by sex and age band**

Men with long term conditions have a better health related quality of life for longer

**Suggested Actions**

Eastern Cheshire & South Cheshire CCG are developing a programme of Integrated Care

- The implementation of the integrated neighbourhood care teams will be integral to the ongoing support of people with LTC.
- The development of the self care / shared decision making project will increase the confidence of people to manage their conditions.

**Community Voices**

At a workshop in Crewe in August 2012 the following comments were made by members of Patient Participation Groups in Primary Care in South Cheshire:

- More effort should be made on the part of Hospitals and GPs to provide good continuity of care
- Better communications between out-patients departments and patients and GPs. There are just too many cancellations of appointments and if there is more than one visit to be made why can’t they be on the same day.
- Make the Expert Patient Programme better and more available to people with long term conditions
- I think there needs to be better joined up thinking between the people providing Health and Social Care. Does the right hand know what the left hand is doing

**Evidence of what works**

The national Quality, Innovation, Productivity and Prevention (QIPP) workstream for long term condition focuses on three key principles:

- Risk Profiling
- Neighbourhood Care Teams
- Self care / Shared decision making.

**Asset Map**

South Cheshire CCG has an active Expert Patient Programme

Graph reproduced from https://www.wp_dh_gov.uk/health/files/2012/07/Chapter-4-Enhancing-quality-of-life-for-people-with-long-term-conditions.pdf, pp15