

TEEN Binder Contents

- TEEN 01** **It's Your Choice.**
Information on work and learning options for Year 10 and Year 11 students.
- TEEN 02** **Connexions At A Glance**
Information on Connexions Youth Service which provides advice, guidance, support and personal development services for all 13 - 19 year olds.
- TEEN 03** **Duke of Edinburgh's Award At A Glance**
Quick guide to the Duke of Edinburgh's Award, with details of the tasks which need to be completed.
- TEEN 04** **Connexions Cheshire And Warrington; You And Your Personal Adviser**
Leaflet about Connexions which offers advice, guidance and support service to teenagers (and adults) making careers choices.
- TEEN 05** **Connexions Cheshire And Warrington 2005 / 2006; How We Can Help You**
Careers and personal advice for young people.
- TEEN 06** **Vocational A Levels**
With Vocational A Levels students can choose from a wider range of work related subjects, for example, Business, Leisure and Recreation, Engineering, Hospitality and Catering. Vocational A Levels have now replaced Advanced GNVQ's.
- TEEN 07** **Your Future. Your Choice. Post-16 Guide to Higher Education**
Looks at options, different types of qualifications and the financial implications.
- TEEN 08** **Don't Stop Doing What You Love**
Information about Higher Education at colleges and universities, including career guidance.
- TEEN 09** **2012 Olympic Games**
Information on the London Olympics 2012 and how individuals can become involved.
- TEEN 10** **How Mini Do You Want Your Moto?**
Explains the consequences of breaking the law when driving a mini-moto.
- TEEN 11** **HIV/AIDS. A Childline Information Sheet**
Clear information about how the HIV virus is contracted and transmitted.
- TEEN 12** **Exam Stress And How To Beat It**
Hints and tips on how to prevent stress at exam time.
- TEEN 13** **Get Healthy Feel Great**
Health advice for teenage girls.
- TEEN 15** **Childline Information Sheet Eating Problems**
Leaflet offering help and advice to young people experiencing difficulties with eating food. Provides addresses for further information and advice. Bulimia nervosa, compulsive eating, anorexia nervosa, eating disorders.
- TEEN 16** **Childline Information Sheet Self Harm**
Leaflet providing help and advice to young people who deliberately hurt themselves. Gives the Childline phone number for people to call if they need help.
- TEEN 17** **Childline Information Sheet Bereavement**
Leaflet helping young people cope with bereavement.
- TEEN 19** **Stepfamilies**
Brief overview of the issues faced by stepchildren and stepfamilies. Highlights that a new family situation can be very positive and good for the children involved.
- TEEN 20** **Worried? Need To Talk?**
Booklet giving advice on where to turn if young people have worries or are scared to talk to someone.

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- TEEN 21** **Childline Information Sheet Pregnancy And Contraception**
Information sheet for young people who are worried about pregnancy and contraception.
- TEEN 22** **Hands Off**
Magazine dealing with sex abuse.
- TEEN 23** **Childline Information Sheet Child Abuse**
Information sheet for young people who might have suffered child abuse.
- TEEN 23a** **Domestic Violence**
Childline Information Sheet. Brief overview of domestic violence, including physical abuse, sexual abuse and emotional abuse.
- TEEN 24** **You Can Beat Bullying!**
Guidance on what to do if you're being bullied.
- TEEN 25** **Bullying Information For Secondary School Pupils**
Leaflet providing advice for young people who may be experiencing bullying.
- TEEN 26** **Samena's Nightmare**
Leaflet set out in comic style about a young girl who is experiencing bullying at school and considers truancy.
- TEEN 27** **Trevor's Dilemma**
Leaflet, set out in comic style, about a young boy who doesn't want to go to school and considers truancy.
- TEEN 27a** **Racism**
Brief overview of racism and how Childline can help.
- TEEN 28** **Coping With Stress**
A factsheet for young people, parents and teachers. Provides information about stress and offers practical advice about how to cope with the problem.
- TEEN 28a** **How Much Is Too Much Under 25s; Alcohol Know Your Limits**
Guide to alcohol limits for young men and women.
- TEEN 29** **You Can't Calculate Your Alcohol Limit, So Don't Try**
Leaflet explaining why there is no safe alcohol limit if a person intends to Drive. Also explains the legal implications of drink driving.
- TEEN 30** **Childline Information Sheet; Alcohol**
Leaflet explaining what young people can do if either they or someone they know has a drinking problem.
- TEEN 31** **The Big Blue Book Of Booze**
Advice and information on how to drink sensibly.
- TEEN 32** **The Big Blue Book Of Smoking**
Booklet which sets out the pros and cons of smoking.
- TEEN 33** **Frank the Truth about Drugs**
A-Z guide to the more commonly used legal and illegal drugs, including alcohol, cannabis, cocaine, crack cocaine, ecstasy, GHB, heroin, LSD, gases, glues and aerosols etc
- TEEN 34** **Someone Worth Saving**
How to revive someone who has taken a drugs overdose.
- TEEN 35** **Flu, Hangover Or Meningitis? Look Out For Your Mate**
Leaflet explaining what to look out for the symptoms of meningitis and septicaemia.

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- TEEN 36** **Teenage Immunisations (School Years 8 - 13, Ages 13 To 18)Your Questions Answered**
Explains which immunisations and boosters are given, why they are given and their possible side effects. Specifically mentions the new Td/IPV vaccine.
- TEEN 36a** **Arm Against Cervical Cancer**
Information on the new vaccination to help protect against cervical cancer.
- TEEN 37** **If You Worship the Sun Don't Sacrifice Your Skin**
Advice on how to protect your skin from sun damage.
- TEEN 38** **Road Safety Advice For Parents Of 11-16 Year Olds**
Practical advice as well as cycling safety sheet.
- TEEN 39** **Arrive Alive**
A Highway code for young Road users.
- TEEN 40** **Think Safety, Think Personal, Think You**
Leaflet covering the personal safety on public transport, walking, cycling, taxis, internet, mobile phones and in groups for under 16s.
- TEEN 41** **Think Safety, Think Personal, Think You**
Leaflet covering the personal safety on public transport, driving, walking, cycling, taxis, internet, mobile phones and in groups for over 16s.
- TEEN 42** **Don't Lose the Music**
Brief advice on avoiding damage to your hearing.
- TEEN 43** **Passport to Extreme Fun**
Hints and essential travel tips for the adventurous traveller.
- TEEN 44** **Understanding Drugs**
Information on different types of drugs, what their effects are, and what they look like. It also provides information about the law on drugs.
- TEEN 45** **Don't Lose Your Right to Vote**
Explains how you can still vote even if you are unable to go to your polling station on election day.
- TEEN 46** **CitizenCard Application Form**
Application form for people of all ages who need to prove either their identity or age.
- TEEN 47** **Validate UK**
Application form for Proof of age. Also explains what goods and services are restricted by age.
- TEEN 48** **The Rights of the Child A Guide to the UN Convention**
Human rights
- TEEN 49** **Childline Information Sheet Rights Of Children And Young People**
Leaflet which explains briefly the rights of children and young people, particularly their right to life, standard of living, health, education, environment, protection and separation.
- TEEN 50** **Passport to the European Union**
Brief overview for each country in the EU. Coins, Eurocoins, flags.
- TEEN 51** **What Is A Councillor And Why Are They Important To Me?**
Leaflet aimed at young people in foster and residential care explaining the role of Councillors and why they are important to children in care.
- TEEN 52** **Children And Young People What To Do If Things Go Wrong**
Form explaining the procedure if a child or young person needs to make a complaint against someone in the Council.

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- TEEN 53 Young Carers**
Brief explanation and basic information about drugs and alcohol. Advice for some children and young people have responsibilities caring for a family member who has a drugs problem or alcohol problem.
- TEEN 54 Opportunities and Resources for Young People in the EU**
Covers the 4 main schemes in the EU Lifelong Learning Programme.
- TEEN 55 A Guide to Financial Support for Higher Education Students 2008/09**
Sets out the financial help for students whose homes are in England, and when and how to apply for that help.
- TEEN 55A Higher Education Student Finance - How You Are Assessed and Paid**
Explains how the Local Authority or Student Loans Company decide whether a student is entitled to a tuition fee loan and maintenance loans and grants.
- TEEN 56 Thinking it through; A guide to Higher Education**
A guide to help make an informed decision about Higher Education and what is right for you.
- TEEN 57 How to Get Financial Help as a Student**
Guidance on the types of financial help for students while they are at university or college.
- TEEN 57a 16-19? Financial Help for Young People**
Covers the different types of financial support available for young people.
- TEEN 58 Fire Safety Protect Yourself. A Safety Guide for People in Rented Accommodation**
Information on protecting yourself and your belongings from fire. Aimed at students and young people who are moving into rented property for the first time.
- TEEN 59 My EMA My Choice**
Brief guide to the Education Maintenance Allowance (EMA). Aimed at 16, 17 or 18 year olds who have left or are about to leave compulsory education.
- TEEN 60 A Guide to Financial Support for Part-time Students in Higher Education in 2008/2009**
Guide to the financial help available for part-time students whose homes are in England.
- TEEN 61 Students Loans; A Guide to terms and Conditions 2008/2009**
Guide is for students who take out government loans to support their study at higher education institutions in England, Northern Ireland, Scotland and Wales
- TEEN 61A Student Survival Guide**
Crime prevention advice for students.
- TEEN 62 Scambuster Your Guide to Beating the Scammers**
Describes some of the most common forms of scams.
- TEEN 63 Check It Out It Could Be Endangered**
Advises travellers to be cautious when buying exotic souvenirs on holiday.
- TEEN 64 Why Is Animal Research Necessary?**
Supports the continuing use of animal research for medical benefits.
- TEEN 65 Information About Animal Research**
Facts and figures on the use of animals for medical research based on data pre 1995.
- TEEN 66 Help Stop Illegal Poisoning and Save Our Wildlife**
Explains the dangers of illegal poisoning and asks for any incident to be reported.
- TEEN 67 A Parent and Teenager Guide to Vegetarianism**
General guide to choosing a vegetarian diet.
- TEEN 68 Heart2card**
Promotes the charity's role in the fight against heart disease.